



*"Hunger is not an issue of charity. It is an issue of justice."*

**Jacques Diouf, FAO Director-general**

**F**ood is one of the basic necessities of human life. Like water it is impossible to survive without food. For healthy life we need good and healthy food. In order to aware people towards good and healthy food, United Nation's (UN) Food and Agriculture Organization (FAO) organize the **World Food Day** on 16<sup>th</sup> October every year. It not only



aware people for taking good food, but also helps in identifying the problems in food supply and distribution. Due to poverty in the underdeveloped countries huge number of people die every year. So the main objective of this day is that everyone in this globe should think of those people who are in poverty. Thus we should help those through our helping hands because every human deserves the right to food. We should also help the developed and developing countries to provide 'GOOD FOOD' to their citizen.

### Objectives of World Food Day:-



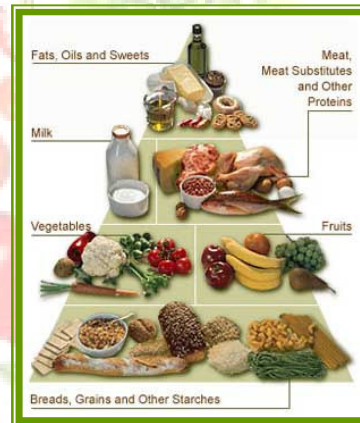
1. The first and important objective is to increase public awareness about the problem of hunger and malnutrition.
2. Secondly to encourage the attention to increase production and this may be done by promoting agriculture and promoting farmers.
3. Thirdly to fight jointly with other Countries against hunger and malnutrition

4. Fourthly to exchange technologies to have a better production.
5. Fifthly to encourage economic and technical cooperation among all developing countries.
6. Lastly to involve rural population as much as we can, because the agriculture in our Country is based at rural areas. Without involvement of rural people the goal may remain unachieved.

### **Duties:**

Considering our Indian nation still there are many places which are marked as under poverty. Many people are struggling to get food. So at this moment it is necessary to think of some duties which we should render towards our nation.

- i) Take care of the poor people in your locality. In some functions call those and serve them.
- ii) "Eat whatever you take (Healthy Food), but don't waste what you take"- Let's keep this as the mantra of this Years theme.
- iii) Many quintals of food grains go waste from the country Godowns due to the lack of preventive and safety handling measures. Mostly due to the insects and animals like rats. Also while transporting many spills go waste. So, careful transport mechanisms should be handled. If this is controlled then the saved portions can be donated to the people living in poverty.
- iv) From the cultivation point of view, the food organization should recommend the farmers to use the natural fertilizers like bio-fertilizers only. Because today's artificial fertilizers aim at good yield but they leave the land infertility due to the concentration of chemicals. Also the underground water gets contaminated.



We are not farmers but we can contribute by increasing awareness, decreasing wastage and by judicious utilization of food.